

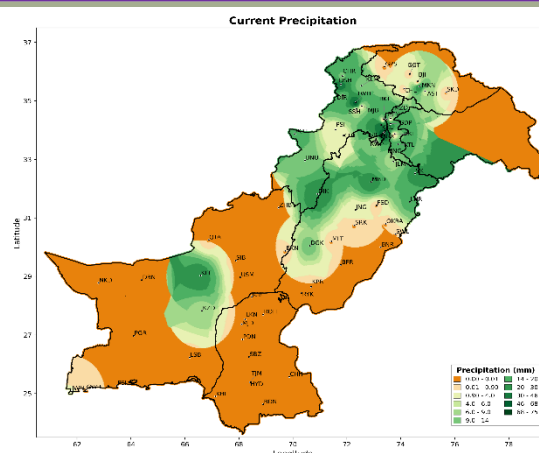
Weekly Weather and Crop Bulletin for Pakistan

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PAKISTAN METEOROLOGICAL
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**Rainfall Distribution (mm) during the Previous
Week (29th June – 05th July 2026)**



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Highlights of Past Weather (29th June – 05th July 2026)

- Light to moderate rainfall (along with isolated heavy falls) was observed over most parts of Punjab particularly upper parts of the province, Khyber Pakhtunkhwa, Azad Jammu and Kashmir, including isolated parts of Balochistan and Gilgit Baltistan. Whereas, dry weather prevailed over southern/southeastern Punjab, Sindh and most parts of Balochistan.
- Day time maximum temperatures remained above normal in most parts of the country. Whereas, normal to slightly below normal temperatures were recorded in Sindh, southern Punjab, eastern belt of Balochistan and a few parts of northeastern Punjab.
- Daily minimum and mean temperatures were reported above normal over most parts of the country.

Patron-in-Chief: Dr. Muhammad Afzaal (Director General)

Editor-in-Chief: Asma Jawad Hashmi (Director)

Editor: Beenish Nazakat Raja (Assistant Meteorologist)

Past Weather of Provinces**(29th June – 05th July 2026)****Punjab**

Light to moderate rainfall was observed from most parts particularly upper Punjab, along with isolated heavyfalls from Pothohar region. While hot and dry weather was reported from southeastern parts of province during the previous week. Weekly mean maximum and minimum temperatures were recorded as 36.2°C & 26.7°C respectively. For the recent week, on average, 151.7 growing degree days were accumulated. Average relative humidity was recorded as 60% and wind speed in the morning/evening recorded as 3.1/3.5 Knots. The highest total rainfall was recorded as 75.00 mm at Murree during the last week. The highest maximum temperature was recorded as 46.0°C at Noorpur Thal.

Crops: Peanut (Pothohar Region), Rice (Northeastern Punjab), Cotton (Central and Southern Punjab)

Balochistan

Light to moderate rainfall was observed from an isolated location of northwestern Balochistan while, dry weather prevailed from the rest of the province during the last week. Weekly mean maximum and minimum temperatures were recorded as 39.0°C & 26.3°C respectively. For the recent week, on average, 193.3 growing degree days were accumulated. The average relative humidity recorded was 40% and mean wind speed in the morning/evening was recorded 1.5/6.4 Knots. The highest total rainfall was recorded as 24.10 mm at Kalat during the last week. The highest maximum temperature was recorded as 48.0°C at Nokkundi.

Crops: Wheat and Rice (RAMC Usta Muhammad)

Khyber Pakhtunkhwa

Light to moderate rainfall (Along few isolated heavyfalls) was reported from the most parts of the province during the previous week. Weekly mean maximum and minimum temperatures were recorded as 37.2°C & 20.5°C respectively. For the recent week, on average, 131.9

growing degree days were accumulated. Average relative humidity recorded as 59% and mean wind speed in the morning/evening recorded as 3.6/2.8 Knots. The highest total rainfall was recorded as 51.00 mm from Lower Dir during the last week. The highest maximum temperature was recorded as 45.0°C at Bannu.

Crop: Maize

Sindh

Hot and humid weather was reported from the province during the previous week. Weekly mean maximum and minimum temperatures were recorded as 40.6°C & 28.2°C respectively. For the recent week, on average, 157.3 growing degree days were accumulated. Average relative humidity recorded as 51%, and mean wind speed in the morning/evening recorded as 5.1/5.7 Knots. The highest maximum temperature was recorded as 46.5°C at Dadu.

Crop: Cotton

Gilgit-Baltistan and Azad Jammu & Kashmir

Light rainfall was reported from an isolated location of Gilgit Baltistan and light to moderate rainfall was reported from most parts of Azad Jammu & Kashmir during the previous week. Weekly mean maximum and minimum temperatures were recorded as 33.8°C & 19.6°C respectively. For the recent week, on average, 155.1 growing degree days were accumulated. Average relative humidity was recorded as 44%, and mean wind speed recorded in the morning/evening as 1.6/3.0 Knots. The highest total rainfall was recorded as 31.00 mm from Muzaffarabad during the last week. The highest maximum temperature was recorded as 45.3°C at Chilas.

Crop: Wheat

Past Weather for Major Agricultural Plains**(29th June – 05th July 2026)****Rawalpindi (Pothohar region)**

Rainfall was reported as 6.10 mm from Rawalpindi during the week; however, cloudiness in the morning/evening was recorded as 2.0/2.0 Oktas during the week, while average relative humidity

was observed as 57%. The mean day time temperature was recorded as 40.2°C & for the recent week, 127.3 growing degree days were accumulated for Peanut crop. Mean wind speed recorded in the morning/evening as 0.8/1.2 Knots. The highest maximum temperature was recorded as 44.2°C.

Faisalabad (Central Punjab)

Rainfall was reported as 0.01 mm (Trace) from Faisalabad during the week; however, cloudiness in the morning/evening was recorded as 0.7/2.0 Oktas during the week, average relative humidity was observed as 55%. Mean day time temperature was recorded as 40.7°C & for the recent week, 143.2 growing degree days were accumulated for Cotton crop. Mean wind speed recorded in the morning/evening as 2.6/2.9 Knots. The highest maximum temperature was recorded as 42.0°C.

Tandojam (Lower Sindh)

Dry weather was reported from Tandojam during the week, however, cloudiness in the morning/evening was recorded as 2.0/0.0 Oktas during the week while average relative humidity recorded as 47%. Mean day time temperature was recorded as 38.1°C & for the recent week, 127.8 growing degree days were accumulated for Cotton crop. Mean wind speed recorded in the morning/evening as 3.7/5.4 Knots. The highest maximum temperature was recorded as 41.0°C.

Usta Muhammad (Eastern Baluchistan)

Dry weather was reported from Usta Muhammad during the week, however, cloudiness in the morning/evening was recorded as 0.7/1.4 Oktas during the week. On average, relative humidity was recorded as 48%. Mean day time temperature was recorded as 44.1°C & for the recent week, 186.8 growing degree days were accumulated for Rice crop. Mean wind speed recorded in the morning/evening as 1.4/3.4 Knots. The highest maximum temperature was recorded as 45.0°C.

Quetta (Northern Baluchistan)

Rainfall was reported as 0.01 mm (Trace) from Quetta during the week, however, cloudiness in the morning/evening was recorded as 0.2/2.1 Oktas during the week. On average, relative humidity was recorded as 25%. Mean day time temperature was recorded as 37.6°C & for the recent week, 173.3 growing degree days were accumulated for Wheat crop. Mean wind speed recorded in the morning/evening as 1.4/3.7 Knots. The highest maximum temperature was recorded as 39.5°C.

Past Weather for Sub-Regional Agricultural Plains (29th June – 05th July 2026)

Multan

Dry weather was reported from Multan during the week; however, cloudiness in the morning/evening was recorded 1.1/1.3 Oktas during the week while average relative humidity observed as 49%. Mean day time temperature was recorded as 41.5°C & for the recent week, 170.2 growing degree days were accumulated for Cotton crop. Mean wind speed recorded in the morning/evening as 8.0/6.6 Knots.

Lahore

Rainfall was reported as 15.00 mm from Lahore during the week, however, cloudiness in the morning/evening was recorded as 3.1/4.0 Oktas during the week while average relative humidity was observed as 60%. Mean day time temperature was recorded as 38.9°C & for the recent week, 168.0 growing degree days were accumulated for Rice crop. Mean wind speed recorded in the morning/evening as 1.1/3.1 Knots.

Zhob

Dry weather was reported from Zhob during the week, however, cloudiness in the morning/evening was recorded as 0.6/4.9 Oktas during the week while average relative humidity was observed as 39%. Mean day time temperature was recorded as 37.7°C & for the recent week, 180.3 growing degree days were accumulated for Wheat crop. Mean wind speed recorded in the morning/evening as 2.0/4.0 Knots.

Murree

Rainfall was reported as 75.00 mm from Murree during the week; however, cloudiness in the morning/evening was recorded as 3.1/6.6 Oktas during the week, while average relative humidity observed as 72%. Mean day time temperature was recorded as 25.5°C & for the recent week, 74.5 growing degree days were accumulated for Peanut crop. Mean wind speed recorded in the morning/evening as 0.3/0.9 Knots.

D.I. Khan

Rainfall was reported as 24.00 mm from D.I Khan during the week, however, cloudiness in the morning/evening recorded as 0.0/0.9 Oktas. Average relative humidity was observed as 57%. Mean day time temperature was recorded as 41.4°C & for the recent week, 176.0 growing degree days were accumulated for Maize crop. Mean wind speed recorded in the morning/evening as 0.9/0.9 Knots.

Peshawar

Rainfall was reported as 1.40 mm from Peshawar during the week; however, cloudiness in the morning/evening recorded as 1.4/3.1 Oktas while average relative humidity was observed as 53%. The mean day time temperature was recorded as 41.8°C & for the recent week, 174.9 growing degree days were accumulated for Maize crop. Mean wind speed recorded in the morning/evening as 2.0/4.9 Knots.

Kalam

Rainfall was reported as 10.00 mm from Kalam during the week; however, cloudiness in the morning/evening was recorded as 0.9/3.4 Oktas while average relative humidity was observed as 32%. The mean day time temperature was recorded as 28.8°C & for the recent week, 87.5 growing degree days were accumulated for Maize crop. Mean wind speed recorded in the morning/evening as 0.0/2.3 Knots.

Gilgit

Dry weather was reported from Gilgit during the week; cloudiness in the morning/evening was

recorded as 1.9/4.1 Oktas while average relative humidity was observed as 29%. Mean day time temperature recorded as 39.9°C & for the recent week, 176.7 growing degree days were accumulated for Wheat crop. Mean wind speed recorded in the morning/evening as 1.4/3.7 Knots.

Skardu

Dry weather was reported from Skardu during the week; however, cloudiness in the morning/evening was recorded as 2.9/3.4 Oktas while average relative humidity was observed as 32%. The mean day time temperature recorded as 33.8°C & for the recent week, 139.1 growing degree days were accumulated for Wheat crop. Mean wind speed recorded in the morning/evening as 0.0/2.3 Knots.

Crop Situation for Major Agricultural Plains
(Based on data from Regional Agromet Centers)

Pothohar Region (Rawalpindi)

There is presently no crop grown in the fields of RAMC Rawalpindi.

Central Punjab (Faisalabad)

Cotton crop has been sown in the fields of RAMC Faisalabad. Phonological Stage: Flowering.

Condition: *Very Good*.

Lower Sindh (Tandojam)

Cotton crop has been sown in the fields of RAMC Tandojam. Phonological Stage: Budding.

Condition: *Good*.

Northern Baluchistan (Quetta)

There is presently no crop grown in the fields of RAMC Quetta.

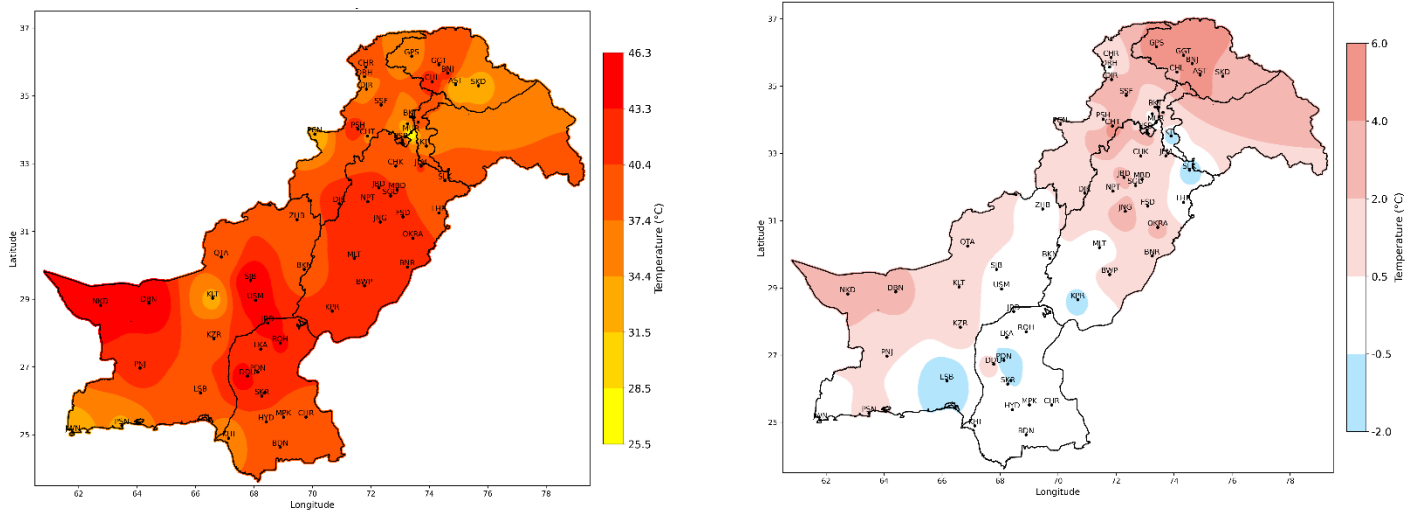
Eastern Baluchistan (Usta Muhammad)

Rice crop has been sown in the fields of RAMC Usta Muhammad.

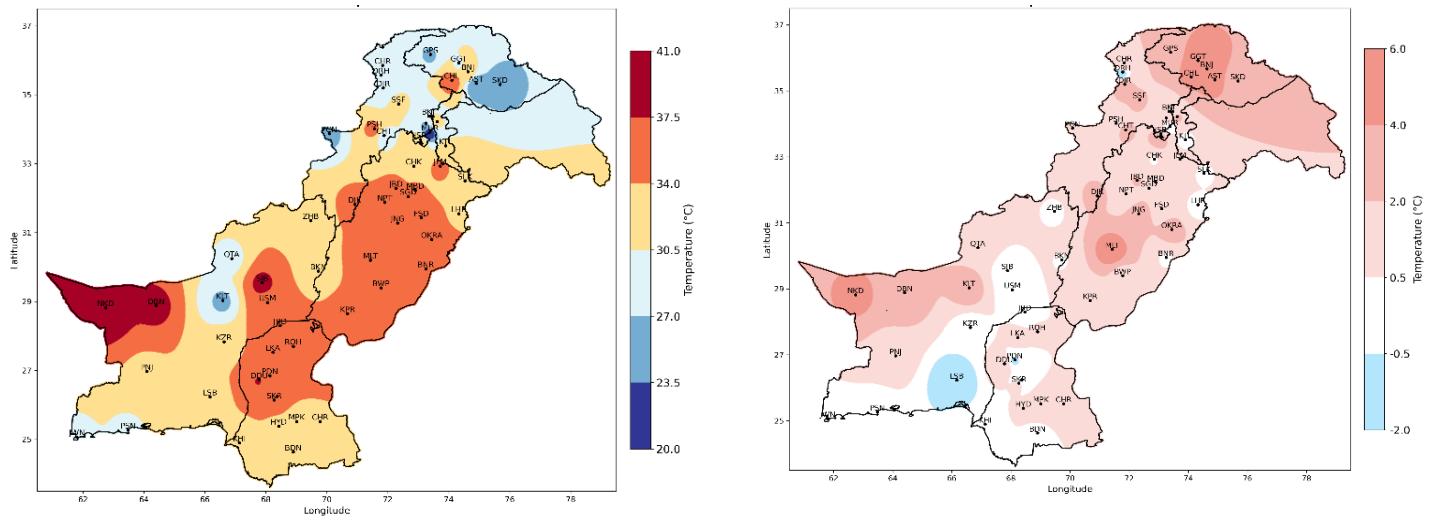
Phonological Stage: Germination.

Condition: *Good*.

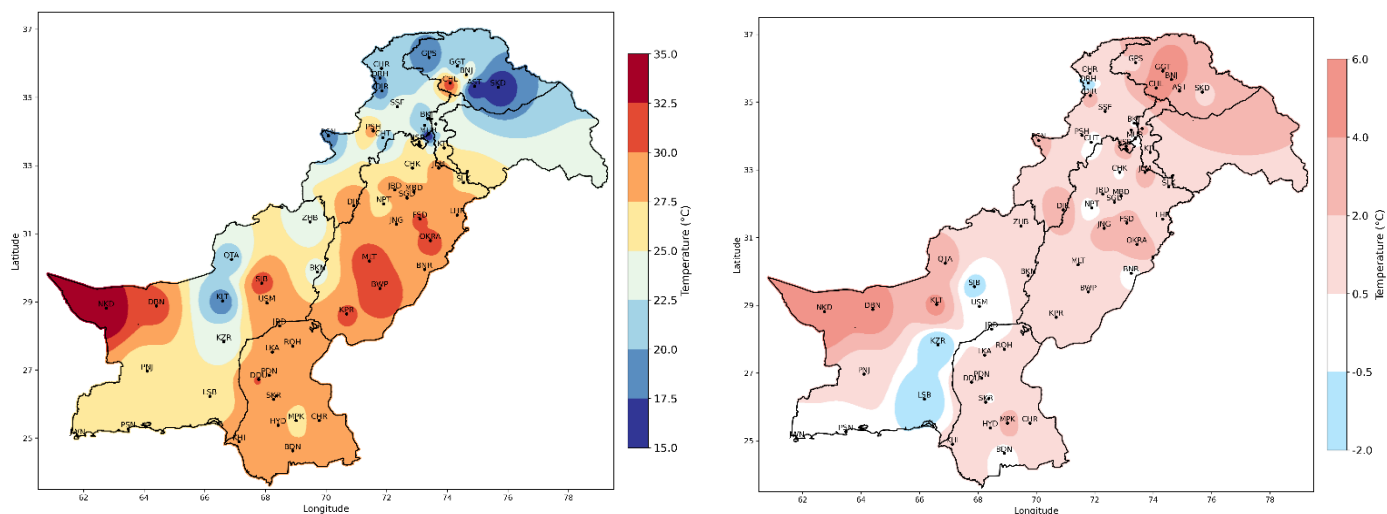
Actual & Departure of Mean Maximum temperature (°C) for the Previous week
(29th June – 05th July 2026)



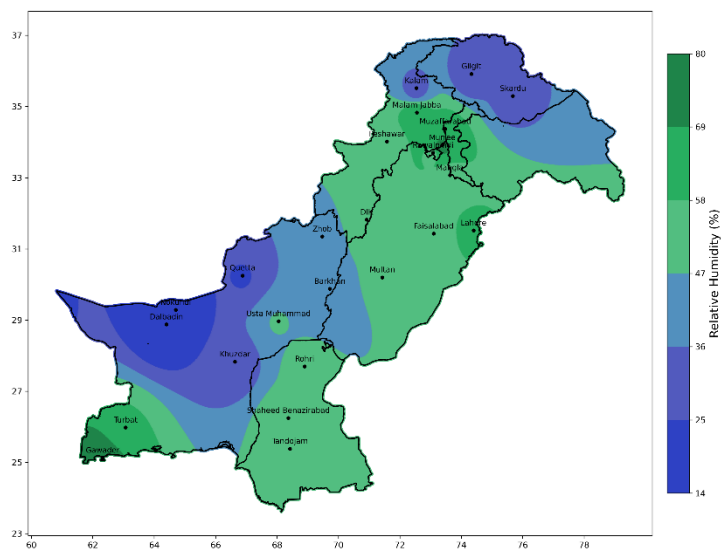
Actual & Departure of Mean temperature (°C) for the Previous week (29th June – 05th July 2026)



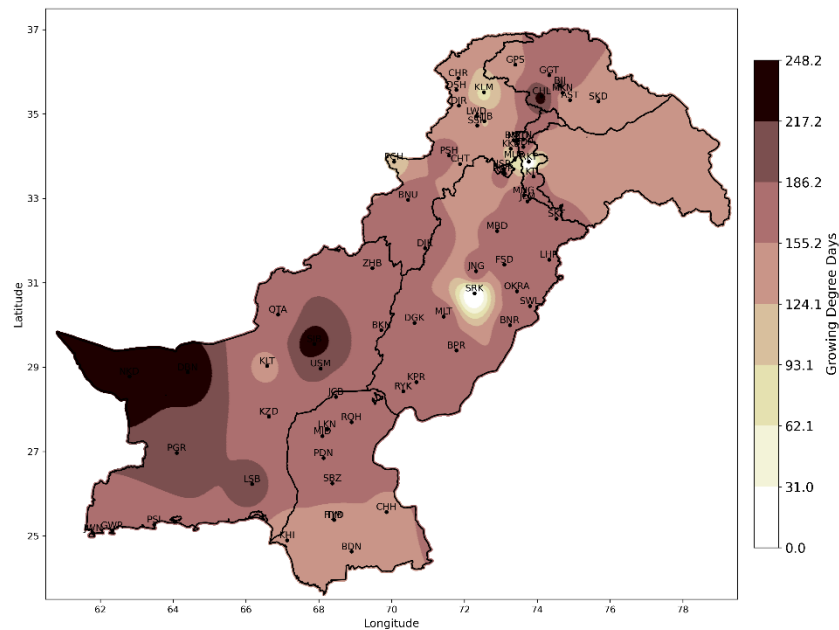
Actual & Departure of Mean Minimum temperature ($^{\circ}\text{C}$) for the Previous week
(29th June – 05th July 2026)



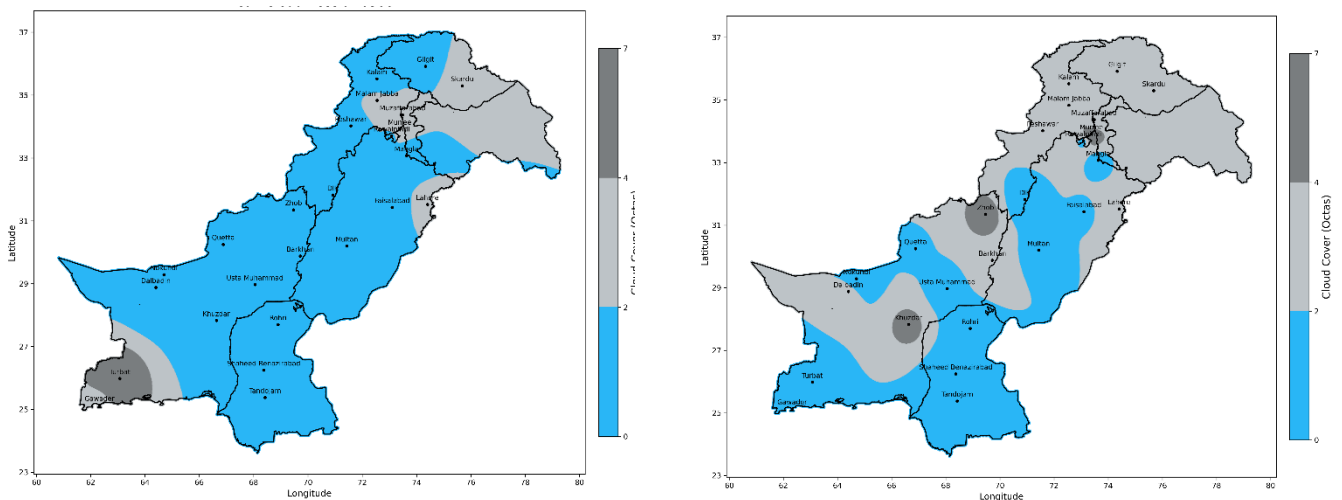
Mean Relative Humidity (%) during the Previous week (29th June – 05th July 2026)

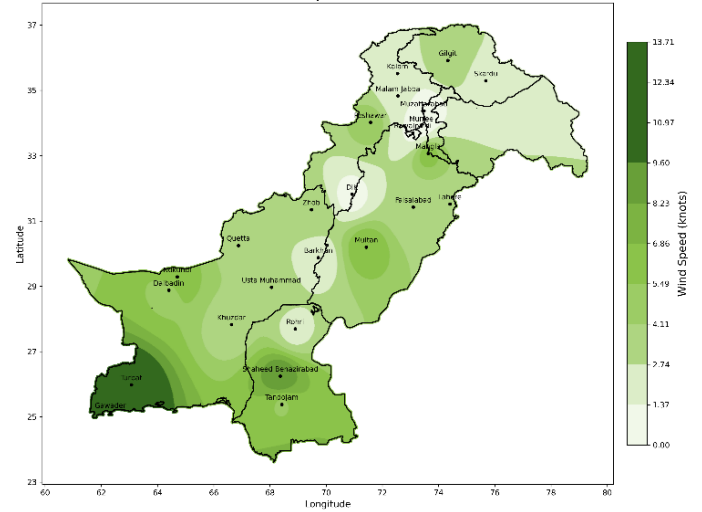
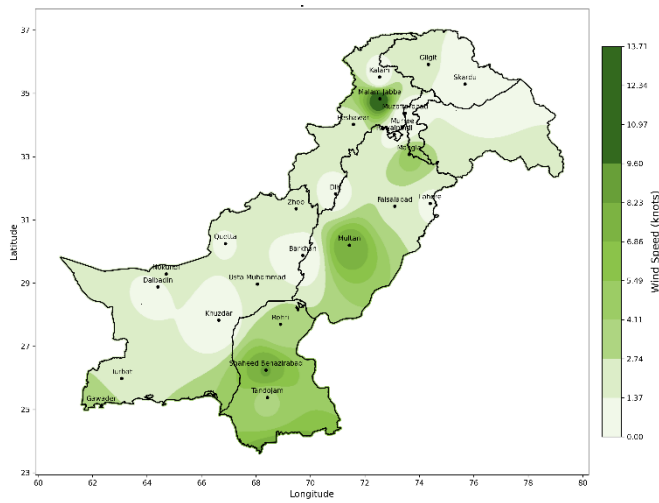


Total Growing Degree Days accumulated during the Previous week (29th June – 05th July 2026)



Mean Cloudiness at 0800 PST and 1700 PST during the Previous week (29th June – 05th July 2026)

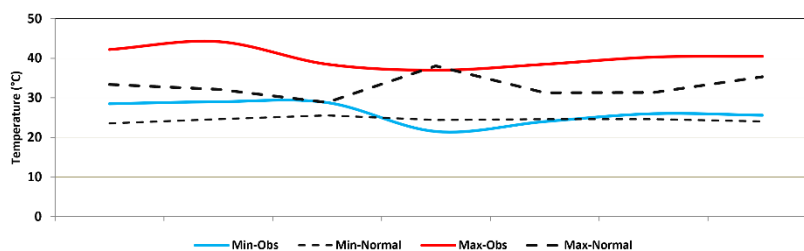


Mean Windspeed at 0800 PST and 1700 PST during the Previous week (29th June – 05th July 2026)

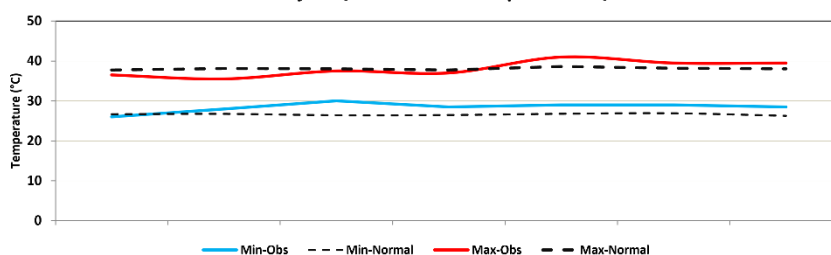
Comparison of temperatures for RAMCs (Minimum & Maximum with normal) during the previous week

(29th June – 05th July 2026)

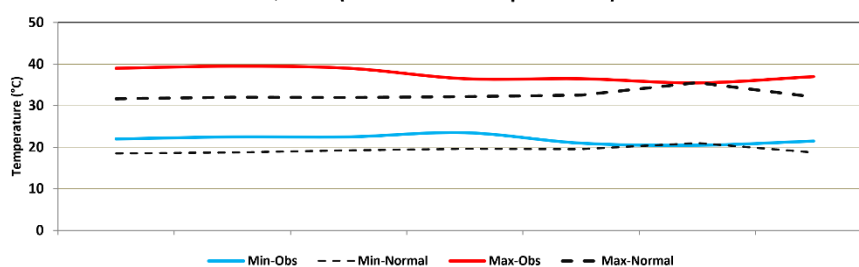
Rawalpindi (Min & Max Temperatures)



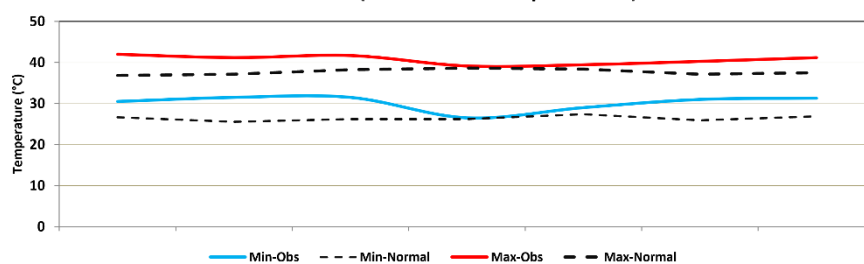
Tandojam (Min & Max Temperatures)



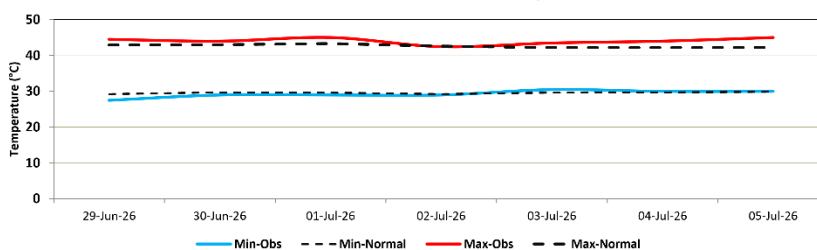
Quetta (Min & Max Temperatures)



Faisalabad (Min & Max Temperatures)



Usta Muhammad (Min & Max Temperatures)



Weekly Weather Forecast and Advisory for Farmers**(06th –12th July 2026)**

Moist currents from the Arabian Sea are continuously penetrating the upper parts of the country, while moist currents from the Bay of Bengal are also expected to enter northeastern parts from today. Meanwhile, a westerly wave is likely to approach upper parts of the country from today (evening/night).

MONDAY**06-07-2026**

Hot and humid weather is expected in most parts of the country while very hot in the plain areas during day-time. However, rain-windstorm/thundershower is expected at isolated places in Kashmir, Upper Khyber Pakhtunkhwa (Chitral, Dir, Swat, Buner, Abbottabad, Mansehra, Kohistan, Shangla, Battagram, Kurram, Kohat, Hangu, Orakzai and surrounding areas), North-East Punjab (Mandi Bahauddin, Hafizabad, Gujrat, Gujranwala, Lahore, Kasur, Okara, Sheikhupura, Sialkot, Narowal and surrounding areas), Islamabad and Potohar region (Murree, Galiat, Rawalpindi, Jhelum, Attock, Chakwal). Heavyfalls/hailstorm is also expected during the forecast period.

TUESDAY**07-07-2026**

Scattered rain-windstorm/thundershower is expected at isolated places in Kashmir, Khyber Pakhtunkhwa (Dir, Chitral, Swat, Kohistan, Malakand, Nowshera, Charsadda, Karak, Tank, Lakki Marwat, Swabi, Shangla, Battagram, Buner, Kohat, Kurram, Bajaur, Mohmand, Khyber, Orakzai, Mansehra, Abbottabad, Haripur, Peshawar, Mardan, Bannu, Ismail Khan and Hangu, Dera Ismail Khan), Upper/Eastern Punjab (Rawalpindi, Murree, Galiyat, Attock, Chakwal, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Faisalabad, Khushab, Sargodha, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Nankana Sahib, Chiniot, Okara, Kasur, Noorpur Thal, Bhakkar, Mianwali, Pakpattan, Bahawalnagar, Dera Ghazi Khan, Multan, Khanewal), Islamabad and Gilgit-Baltistan. Heavyfalls/hailstorm is also expected during the forecast period. Hot and humid weather is expected in most other parts of the country while very hot in the southern areas during daytime.

WEDNESDAY**08-07-2026**

Rain-windstorm/thundershower is expected in upper Khyber Pakhtunkhwa (Dir, Chitral, Swat, Kohistan, Malakand, Nowshera, Charsadda, Karak, Tank, Lakki Marwat, Swabi, Shangla, Battagram, Buner, Kohat, Kurram, Bajaur, Mohmand, Khyber, Orakzai, Mansehra, Abbottabad, Haripur, Peshawar, Mardan, Hangu, Waziristan, Bannu and Dera Ismail Khan), Gilgit Baltistan, Kashmir, northeast Punjab (Rawalpindi, Murree, Galiyat, Attock, Chakwal, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Faisalabad, Khushab, Sargodha, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Nankana Sahib, Chiniot, Okara, Kasur), south Punjab (Noor Pur Thal, Bhakkar, Mianwali, Layyah, Bahawalpur, Bahawalnagar, D.G. Khan, Multan, Khanewal, Lodhran, Muzaffargarh and Rajanpur), northeast Balochistan (Zhob, Sherani, Kohlu, Musakhel, Naseerabad, Harnai, Sibbi, Barkhan, Dera Bugti and Khuzdar) and Sindh (Tharparkar, Sukkur, Shikarpur, Larkana, Dadu, Jacobabad, Shaheed Benazirabad, Qambar Shahdadkot and Naushahro Feroze). Hot and humid weather is expected elsewhere in the country.

THURSDAY**09-07-2026**

Mainly hot and humid weather is expected over most parts of the country. Rain-wind/thundershower is expected at isolated places in upper Khyber Pakhtunkhwa, Kashmir and south/northeast Punjab.

FRIDAY**10-07-2026**

Mainly hot and humid weather is expected over most parts of the country. Rain-wind/thundershower is expected at isolated places in Kashmir, Upper Khyber Pakhtunkhwa and northeast Punjab.

SATURDAY**11-07-2026**

Mainly hot and humid weather is expected over most parts of the country. Rain-wind/thunderstorm is expected at isolated places in Kashmir, Upper Khyber Pakhtunkhwa and northeast Punjab.

SUNDAY**12-07-2026**

Mainly hot and humid weather is expected over most parts of the country. Rain-wind/thunderstorm is expected at isolated places in Kashmir, Upper Khyber Pakhtunkhwa, northeast Punjab and Gilgit Baltistan.

ADVISORY FOR FARMERS:

- Farmers are advised to carry out their field activities keeping in view the expected weather forecast issued by PMD.

National Weather Data of Selected Cities from (29th June – 05th July 2026)

Stations	Maximum/Day Time Temperature (°C)		Growing Degree Days	Relative Humidity (%)	Rainfall (mm)	Cloudiness (Oktas) 0800 PST	Cloudiness (Oktas) 1700 PST	Wind Speed (Knots) 0800 PST	Wind Speed (Knots) 1700 PST
	Mean	Highest							
D.I. Khan	41.4	44.5	176.0	57	24.00	0.0	0.9	0.9	0.9
Faisalabad	40.7	42.0	143.2	55	0.01	0.7	2.0	2.6	2.9
Gwadar	32.7	33.5	177.8	80	0.00	4.1	2.1	3.1	13.7
Gilgit	39.9	43.0	176.7	29	0.00	1.9	4.1	1.4	3.7
Kalam	28.8	31.0	87.5	32	10.00	0.9	3.4	0.0	2.3
Khuzdar	39.6	41.0	185.5	28	7.20	0.6	4.7	0.0	2.9
Lahore	38.9	43.1	168.0	60	15.00	3.1	4.0	1.1	3.1
Malam Jabba	38.4	43.0	121.8	66	2.40	2.7	4.1	11.4	2.0
Mangla	39.9	42.0	169.9	54	6.00	0.6	1.6	4.9	6.0
Multan	41.5	43.5	170.2	49	0.00	1.1	1.3	8.0	6.6
Murree	25.5	27.5	74.5	72	75.00	3.1	6.6	0.3	0.9
Muzaffarabad	39.0	41.0	182.3	63	31.00	2.9	2.4	0.0	0.0
Shaheed Benazirabad	42.3	44.0	162.3	56	0.00	0.7	0.3	8.3	9.4
Peshawar	41.8	44.0	174.9	53	1.40	1.4	3.1	2.0	4.9
Quetta	37.6	39.5	173.3	25	0.01	0.2	2.1	1.4	3.7
Rawalpindi	40.2	44.2	127.3	57	6.10	2.0	2.0	0.8	1.2
Rohri	43.4	45.5	168.8	50	0.00	0.9	0.9	3.1	2.3
Skardu	33.8	36.7	139.1	32	0.00	2.9	3.4	0.0	2.3
Tandojam	38.1	41.0	127.8	47	0.00	2.0	0.0	3.7	5.4
Usta Muhammad	44.1	45.0	186.8	48	0.00	0.7	1.4	1.4	3.4
Zhob	37.7	40.0	180.3	39	0.00	0.6	4.9	2.0	4.0

*** Shows that data was not available.